

# How Can I Help?

## Operating Hours

- Mon.-Tue.: 8 a.m.-7 p.m.
- Wed.-Thu.: 8 a.m.-5 p.m.
- Fri.: 8 a.m.-12:30 p.m.

## Office

Student Center, Room 112

These are several ways you can contribute to the Student Resource & Advocacy Center:

- Volunteer at the food distributions.
- Donate items to the food pantry.  
Each month we focus on a specific student need. Show your support by donating items throughout the school year.
  - # **January: Home Goods** — Sheets, blankets, pillows, pillow cases, air mattresses, duffle bags, etc.
  - # **February: Food** — Canned or prepackaged, shelf-stable meats, shelf-stable fruit, condiments
  - # **March: Ready-to-Eat Meals and Snacks (Non-Refrigerated)** — Pop-top canned meats, microwave-ready meals, instant Ramen in Styrofoam cups, granola, crackers, nut medleys
  - # **April: Baby Items** — Diapers and Pull-Ups (variety of sizes), baby wipes, powdered formula, baby food
  - # **May: Toiletries** — Shampoo, body wash, bar soap, hand soap, deodorant, toothpaste, etc.
  - # **September: Ready-to-Eat Meals** — Pop-top canned meats, microwave-ready meals, pop-top soups, instant Ramen
  - # **October: Toiletries** — Shampoo, body wash, bar soap, hand soap, deodorant, toothpaste, etc.
  - # **November: Holiday Meals** — Corn, macaroni and cheese, instant mashed potatoes, gravy, cranberry sauce, green beans, cream of mushroom soup, cornbread mix, pumpkin
  - # **December: Baby items** — Diapers and Pull-Ups (variety of sizes), baby wipes, powdered formula, baby food, bottles
- Refer students: The best way for students to get connected with the supports in the Student Resource & Advocacy Center is through college employees and faculty members. Feel free to call, email, or bring any student to our office for assistance. In addition, you may also [submit a referral through the lee CARES Team](#).

Donations are accepted 8 a.m.-5 p.m. Mon.-Thu., and 8 a.m.-12:30 p.m. Friday in the Student Center, room 112.

Contact [basicneeds@lee.edu](mailto:basicneeds@lee.edu) or 832.556.4447 for more details.

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